



HKO ARIGATOO LIMITED



LENISITA

Filipino | Catholic | Single | 41 years old | 1 kids
Philippines | 12yrs experience

Hello ma'am sir,

My name is Lenisita, going to 42 on July 3 1983, I have 1 daughter she is 16 years old..

I would like you to know about my experience of my job, I have experience for cooking, cleaning house, laundry, ironing.. caring dog or cat..

I have also experienced for taking care elderly especially bedridden.. I know to handle the case for patient like NASOGASTRIC FEEDING, IF patient eating by NGT, must be prepared food blender always, I know also to do a bedbath care, changing linen, cleaning room the patient and do he's or her laundry.. every 2hour check the pampers and back, if I feel the patient not compatible, I let him to side lying... If patient able to set on wheelchair,, I know also to transfer him wheelchair to bed or be to wheelchair.. Every morning before the patient eat the breakfast, needs to check the vital sign, and Blood random sugar.. that important for the patient everyday.. after the patient eat let he or her to drink medicine.... Am really love and care the GERIATRIC PATIENT...

MAAM SIR

I hope am the one you choice on your helper or care your father or mother.. I promise that I'm doing my responsibilities to our my duty everyday.. And promised that I'm willing to listen and follow the rules..

Thank u and God bless you....



WORKING STATUS

HK/Terminated without reference letter

Available from: 2025-05-15



SKILLS & DUTIES



LANGUAGE

- ◆ Filipino (Tagalog)
- ◆ English
- ◆ Others



MAIN DUTIES

- ◆ Elderly care
- ◆ Disabled care
- ◆ Pet care
- ◆ Cooking
- ◆ Housekeeping
- ◆ Marketing
- ◆ Ironing
- ◆ Cleaning



ADDITIONAL DUTIES

- ◆ Driving in other country



COOKING SKILLS

- ◆ Chinese
- ◆ Middle East
- ◆ Filipino
- ◆ Chinese long soup





EXPERIENCE



EDUCATION

Jun 2023-march 31,my employer terminate me because am not renewing my contract..

Hong Kong (Hong Kong Island)

Hong Kongese Family

2Adults

2Kids(3,4yrs old) when I started working

Duties:Child care, Cooking, Housekeeping, Ironing

Caregiver

August 2021 to July 2022

Philippines

Filipino Famly

2Adults

1Elderly(95yrs old)

Duties:Working as a caregiver

NGT-NASOGASTRIC FEEDING, ALWAYS MONITORING THE VITAL SIGN, ESPECIALLY THE OXYGEN IS MOST IMPORTANT, MONITOR,INSERT CATHETER,BED BATH CARE, BRUSH TEETH, FEEDING, DRINK MEDICINE,, EVERY 2HOURS LET THE PATIENT SIDE LYING....

2017 to 2019 (2yrs finished cotract) Helper decided not renewing as not enough rest

Saudi Arabia

2Adult

1daughter(13 years old)

Duties: cooking,baking pizza,house chore, ironing, washing clothes and cleaning the kitchen after cooking..

2014 to 2016(2yrs finished contract) Helper decided not renewing

Malaysia

3 Adult

1 elderly

1Baby (3months old)

Duties:caring elderly,infant care, cooking, feeding the infant,, bathing the infant,washing clothes,house chore..

2008 to 2014 Finished contract for 6yrs and employer relocated to lebanon

Qatar

Labanese

2Adults

2Kids (10,4yrs old)when I started working